

P303 Roasted Pumpkin Soup – vegetarian \$6.00 P300 Pea & Ham Soup is back! \$6.00

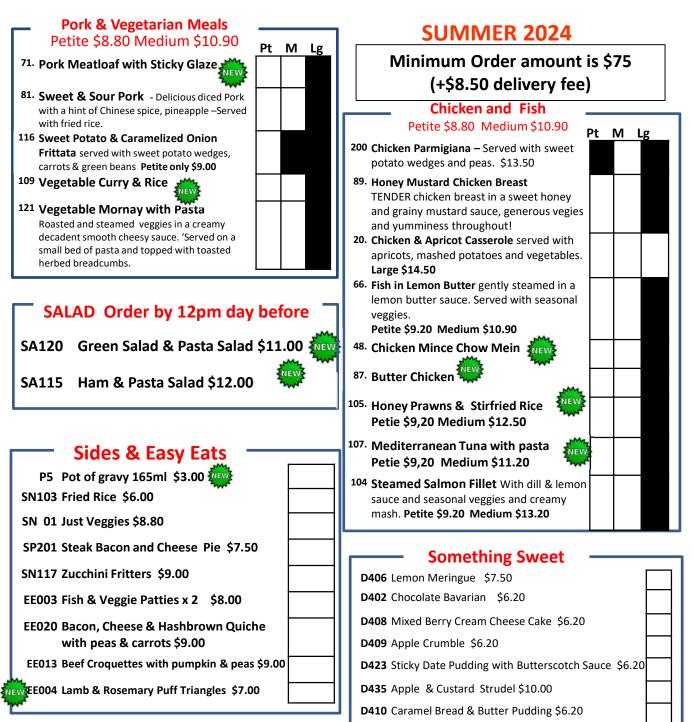
Roasts and Lamb

- 45 Roast Pork With crackling, roasted vegetables & apple sauce Petite \$9.30 Medium \$12.20
- 08 Irish Lamb Stew Petite \$8.80 Medium \$10,90

Petite \$9.30 Medium \$11.90

38 Roast Lamb Moist cuts served with roast potatoes, vegetables & minted gravy - Petite \$9.30 Medium \$12.20 Large \$14.90
114 Roast Chicken Dinner - a delicious cut of boneless Chicken Thigh, sliced thick and served with Sage stuffing and vegetables





Ordering ... Call us on 5494 0113

Or buy direct at Shop 14/21 Peachester Rd, Beerwah. (Right opposite Woolies carpark entrance)

Order Online www.topnoshmeals.com.au or Email us orders@topnoshmeals.com.au

Ordering Frozen Meals Order up to the day before delivery by 2pm online or 3pm by phone.

Payment : By debit or credit card over the phone, or if you order online you can also select Paypal



SUMMER Deliveries 2024

STRATHPINE, Lawnton and Bray Park	Fortnightly Tuesday Sept 10 & 24, Oct 8 & 22, Nov 5 & 19, Dec 3 & 17
NORTH BRISBANE Beerburrum, Elimbah, Upper Caboolture, Burpengary, Narangba, Dakabin, Petrie, Lawnton, Kallangur, Murrumba Downs, North Lakes, Mango Hill,	Every Tuesday
BRISBANE: Glasshouse Mountains, Burpengary East, Deception Bay, Kippa-Ring, Scarborough, Redcliffe, Woody Point, Clontarf, Margate, Deagon, Sandgate, Brighton, Nundah, Nudgee, Bracken Ridge, Carseldine, Chermside, Zillmere, Bald Hills.	Every Thursday
TIN CAN BAY, Cooloola Cove and Rainbow Beach, Imbil, Kandanga,	Fortnightly Tuesday Sept 3 & 17, Oct 1, 15 & 29, Nov 12 & 26, Dec 10
GYMPIE Centre, Southside, The Palms, Araluen, Chatsworth, Cooran, Pomona, Black Mountain (call 5494 0113 for more info re outlying suburbs)	Fortnightly Tuesday Sept 10 & 24, Oct 8 & 22, Nov 5 & 19, Dec 3 & 17
NOOSA AREA to BLI BLI: Yandina, Eumundi, Cooroy, Tewantin, Noosaville, Sunshine Beach, Sunrise Beach, Peregian, Coolum, Marcoola, Pacific Paradise, Mudjimba, Twin Waters, Bli Bli.	Every Wednesday
CALOUNDRA AREA : Beerwah, Landsborough, Little Mountain, Meridan Plains, Caloundra West, Caloundra, Aroona, Currimundi. KAWANA AREA : Wurtulla, Birtinya, Warana, Parrearra, Buddina, Minyama, Mooloolaba, Mountain Creek, Sippy Downs	Every Wednesday and Friday
BRIBIE/MORAYFIELD AREA: Beachmere, Ningi, Sandstone Point, Bribie, Morayfield, Caboolture	Fortnightly Thursday Sept 5 & 19, Oct 3, 17 & 31, Nov 14 & 28, Dec 12
MALENY/NAMBOUR AREA : Maleny, Montville, Flaxton, Mapleton, Nambour, Palmwoods, Woombye, Mooloolah Valley	Fortnightly Thursday Sept 12 & 26, Oct 10 & 24, Nov 7 & 21, Dec 12
MAROOCHYDORE and BUDERIM Buderim, North Buderim, Kuluin, Maroochydore, Cotton Tree, Alexandra Headlands	Every Friday
Wamuran, D'Aguilar, Woodford, Peachester	Every 4 weeks on a Tuesday Sept 17 Oct 15 Nov 12 Dec 10